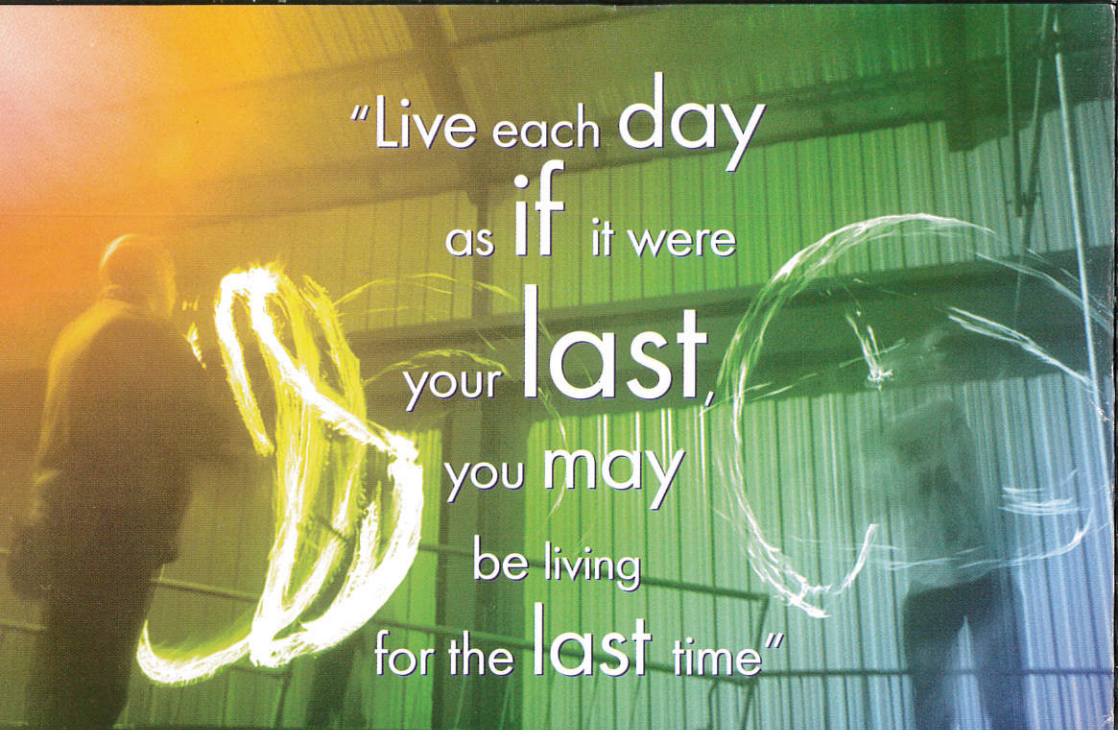


NOFIT
STATE
CIRCUS

A close-up, high-resolution photograph of a doll's face, likely a Barbie. The doll has a fair complexion, large blue eyes with long, dark eyelashes, and a slight smile. The background is dark and out of focus.

now.here



"Live each day
as if it were
your last,
you may
be living
for the last time"

WHAT DOES IT FEEL LIKE TO LIVE LIFE IN THE MOMENT?
HOW DO YOU DO IT?
WHAT ARE THE CONSEQUENCES?
WHAT MAKES IT SOMETIMES SEEM SO DIFFICULT?
WHAT ARE THE ESSENTIAL QUALITIES OF 'NOWNESS' ?

This show is the second phase of the 'Stepping Stones to the Millennium' project. The first phase of this project took place last winter, 300 community members and fifty professionals collaborated to produce 'Prophecy', the biggest community project to ever take place in Wales. The third and fourth stages will see the company touring this type of large-scale production.

In 'Prophecy' we explored visions of the future from the past. Prophets throughout history were put on trial for predictions that we, at the end of the second millennium, face. The End of the World as we know it. "Now.Here" explores the present and how people might live their lives if there was definitely to be no tomorrow. No more feathering the nest egg, or saving for a rainy day. No more putting it off for tomorrow. How would we behave differently?

We've worked for months, created physical and emotional transformations, made wonders happen. All within no time. Until finally we all reach this point, this time in all our lives, which will not come again, this once in a lifetime opportunity, this "Now.Here".

SEE A LIFE FLASH BEFORE YOUR EYES

NOFIT STATE CIRCUS

Established in 1985, NoFit State Circus were part of a renaissance of Circus that developed into the New Circus movement. They started as street performers, but soon developed into a touring Circus Theatre company. In 1991 a sponsorship deal with ASW bought them their first big top which has toured high quality and innovative shows across the length and breadth of the UK. The company has always been committed to passing their skills on to the community, and this work has developed from running circus workshops to initiating and producing massive community spectacles such as last year's **Autogeddon** and **Prophecy**.

Here.now NoFit State Circus are once again pioneering a new field of performance. The work is a complete collaboration between existing medias, new technologies and live performers, and results in a unique and exciting new art form. More importantly this work is produced and devised by the company and the community for the community. By instigating workshops and collaborating with other community arts organisations and artists, NoFit State Circus give the people of South Wales an opportunity to learn new skills and develop their production and performance techniques and create high quality entertainments.

Next year will see the final stepping-stone to setting up a network of circus-based community arts activity throughout Wales. To achieve this it is proposed that a trilogy of this style of project be undertaken around Wales. Three locations would host the projects with involvement from a wide geographical, community and arts practice base.

NoFit State Circus plan to purchase a new custom-made big top and supporting equipment to use as a venue for these productions, and to tour the work developed during the Stepping-Stones project in their own "touring warehouse".



PROCESS

"Now,Here" began in September 1998. 12 weeks of workshops, on average 17 workshops each week, developed these six December performances. The workshops, led by professional artists (including Circus, Drama, Music, Dance Media, Visual Arts) involved a variety of communities and individuals including first time performers, visual artists, musicians and music makers, choirs, dance groups, drama groups, circus groups, installation and interactive artists, photographers, youth groups, schools and colleges. The range of choice enabled people of all abilities to get involved.

now.here

In addition to the Cardiff work we initiated satellite projects in Merthyr Tydfil, Swansea and Newport. These are creating artwork to be shown or performed locally which is integral to the Cardiff performances.

The groups researched, devised and created their own material within the theme. The core team developed a framework to integrate all ideas. This "framework" included a script, set, staging, lighting, logistics, and a working timetable.

Gradually the groups came to work together, in a once empty warehouse, transformed into a performance venue with more equipment than seven standard theatres, and all the backstage support of any quality performance.

R.A.W.

The hospital ward T.V. monologues were written, directed and performed by regular `RAW` contributors co-ordinated by Claire Isaacs. RAW = Rehearsed readings, by Actors of quality new Writing, short pieces of new writing for TV, film and theatre, performed script in hand by professional actors, in the chilled out atmosphere of Dempsey's Irish Bar Cardiff.

INTERACTIVE ARTISTS NEWPORT

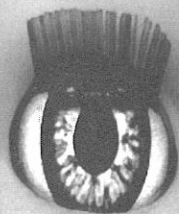
Second year students from the Interactive Arts Department B.A. at University of Wales College Newport, have been involved in the project as part of their course. Responding to the themes of "Now.here" with computers, electronics, new technologies and their own creativity they have produced many of the installations in the labyrinth. Past graduates of UWCN have also taken this opportunity to demonstrate the skills learnt at the college to a wider public.

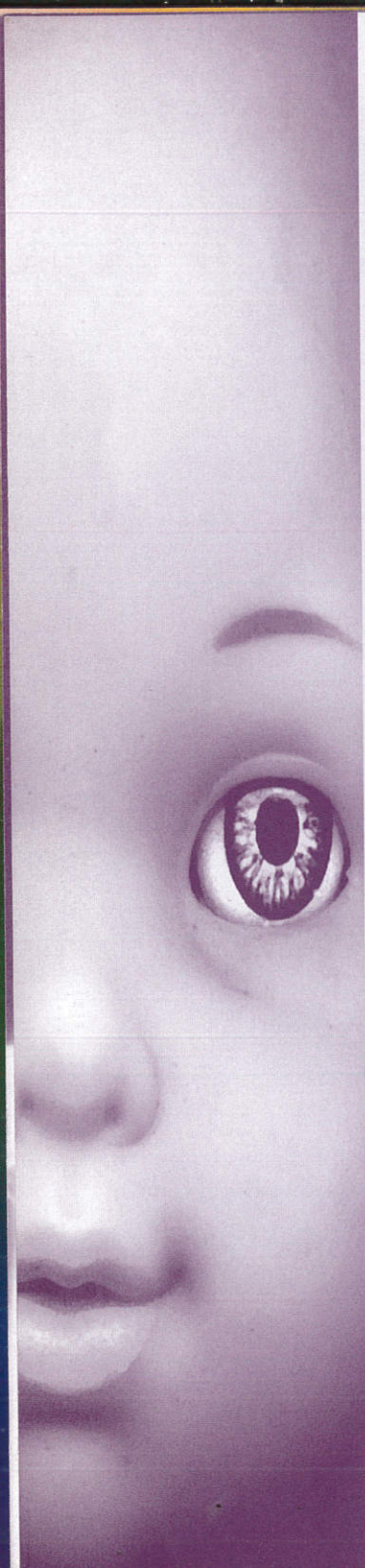
INTERACTIVE ARTISTS CARDIFF

Initiated by NoFit State, this group of artists have been meeting for the past few months generating ideas inspired by last year's show and the themes involved in "now.here". This has led to the creation of many interactive art pieces using cutting-edge technologies.

INTEGRATED MUSIC COMPANY

Voluntary community organisation, providing accessible quality musical experience for people with special needs, through workshops, opportunities to perform and by making available equipment. Funded by the Arts Council of Wales.





SPLOTT STATE CIRCUS

Set up in 1993 by NoFit State Circus as Cardiff's Performing Community Circus. This is their 8th project. Made up of a group of 12-55 year-olds from all walks of life, they share a common love of turning tricks in public. Many of its ex-members now work professionally in the field.

CIRCUS ERUPTION Swansea

The first ever integrated youth circus involving young people with special needs and abilities. Started in 1992 its fifty plus members have created their own show every year, and worked with No fit State to perform in front of thousands at Swansea's November the 5th firework spectacular.

CIRCUS ALL STARS

A group of visiting guest professionals who are so excited by the scale and style of this project that they are prepared to spend 3 weeks rehearsing in a cold warehouse. The group comprises some Circomedia Graduates, The Space Boyz, NoFit's own Ali and Lynn, as well as individuals from as far away as North Wales and Dublin.

PATUA DANCE

Patua was formed in 1993 and integrates people from many different backgrounds and nationalities. Our unique theatrical language tells stories through movement and takes performance out of the conventional and into unexpected places.

The Sherman Youth Theatre (SYT) provides a professional environment where interested young people can learn about many different aspects of theatre. Workshops are held weekly in the rehearsal spaces backstage at the Sherman Theatre. They provide a fun and informal way of learning where you are free to experiment and discover new skills. SYT offers many and diverse performance opportunities for its members. Recently we have produced several new plays, toured around Wales, performed street theatre and staged an exchange with an English company.

SHERMAN YOUTH THEATRE

Anyone aged 10-25 who is living or studying in Cardiff is eligible to apply- and they don't need to audition. Contact Andrew Lorretto 01222 396844

THE UNDERDOGS

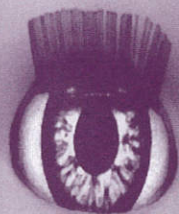
Are a voluntary youth group specialising in Hip-Hop culture, street dance, rap, D.J. skills, music production, information technology, graffiti/graphic design. Our workshop concentrates on "today" as youth see it with innocence and sex, bullying, theft, drugs and order.

CYFARTHFA HIGH SCHOOL

This workshop was designed to give children at Cyfathfa High School, the opportunity to use a commercial computer Design Package and to develop their computer skills. The potential that is provided by the aim of creating a piece of art for public display is enormous. This is particularly apparent in terms of confidence and a wider understanding of the role of art within society and other disciplines.

WELSH SIKH TIGERS

A Cardiff Warehouse project, the Welsh Sikh Tigers meet once a week to explore folk dances from the Punjab.





SWICA

- Rudi-mental; ritualistic Afro-Brazilian drumming. Going back to roots which
- continue to influence, we give you music for ceremony and celebration.
- Music to invoke the spirits. Rhythms for trance and voodoo dance. Syncopate
- your spirit and groove with the Gods.
- Rudi-mental is a community music project developed by South Wales
- Intercultural Community Arts (SWICA). For details of our other community
- music provision including the next Samba drumming Access course contact
- us on 01222 382094.

COMMUNITY MUSIC WALES

Aims to provide music-making opportunities for people who, due to social disadvantage, might not otherwise be involved. This includes physically or learning disabled people, socially excluded or discouraged young people, people with mental health problems, older people and people from disadvantaged areas.

Our work takes a variety of forms - from rock school projects, community music tutor training for professional musicians, workshops for learning or physically disabled people, through to live community performances, and work with a wide network of musicians and community artists.

WELSH COLLEGE OF MUSIC AND DRAMA

- This year the student group have undertaken several different areas of
- movement research and through a process of improvisation and selection,
- have arrived at what we show tonight. The themes we have explored
- include 'the body as corpse' 'breaking up the syntax of movement'
- 'scratching the body' and 'time' motifs.

UNIVERSITY OF GLAMORGAN

This project has given students from the College the opportunity to work alongside community groups and professional artists on a more public platform than is usually available. The educational benefits of this experience are manifold.

EXPERIMENTAL DANCE GROUP

The Spice of Cardiff's community members experimenting with dance and movement, creating their own fleshy picture of pleasure and pain, the see-through machine, the game of time, instinct versus logic - a head-on collision.

NEW COMMUNITY VOICES

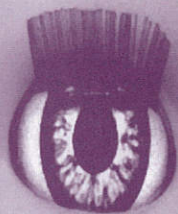
A new departure for NoFit State community show; a community voice workshop. Working together to make the kinds of sounds we usually only dream about making.... "and then everyone joined in"

THANKS

No Fit State would like to thank:

The Lottery Division of the Arts Council of Wales, British Steel, Varilite, The Visual Connection, Acre Jean, Ian Hill, BRC Newport, A.S.W., Bishops Lifting, Rycon, Mites Liverpool, Channel View Leisure Centre, Alison Tucker Ely Hospital, Janet Osbourne and Head of Procurement Mr Larry Peterson - University Hospital, Mr Rhys Evans - The Infirmary, Sarah Cole, Maxxion, Briith Gof, Sion Lewis, Tim Adam, Jake, Ellen, Katy and Ben, Tom Wiersma, Paul McGuinness, The Lovely Liz and all her Bar Staff, Mark Munnery, Toby Philpott, Fiona Carmichael, Peter Perkins and the Star Centre, Russell Noman, The Tredegar Pub, Steve Snelgrove, John Newman, Andy Davies, Ian Woods, Judith, Dave the Groove-Slave, Splott Brothers, Railroad Bill, Pete and Pee wee, Picasso Griffiths, Paddy, everyone at Pant Ruthin Fach Farm. The Rev. Rabjon and his church on Splott Road, Phil Clark, the Sherman Theatre, Alison Woods, Venice Manley, Jo and Samuel and all those who supported us by advertising in the programme or spending money at the fundraiser, or by giving of their time, energy and generosity. Without you nothing would be possible

RAW is currently unfunded and would not have been possible without the help of BBC Wales, Cardiff Backpacker, Dempsey's Irish Bar, Made In Wales theatre company and The Sherman Theatre, thanks to them and all involved throughout the year. Splott State Circus wishes to thank Francis Maxey. Underdogs, Thanx Lorraine Pritchard, Adele Pritchard, Michelle and Anthony Redpath, Anthony Redpath and the UDP parents, Sherman Youth Theatre, Jess Kingstón. Sikh Tigers wish to thank 3J and Cardiff Warehouse.



"The Ward" - Monologues

WRITER	PIECE	ACTOR	DIRECTOR
Paul Conway	The Last Smile	Terence Dauncey	Paul Conway
Anwyn Davies	The Model	Kirsten Jones	Boyd Clack
Cath and Jon Tregenna	Keith's Theory	Jon Tregenna	Cath Tregenna
David Evans	Price of A Pint	Maria Pride	David Evans
Ian Staples	Maggie's Pond	Clare Isaac	Ian Staples
Mark Ryan	The Body Politic	Daf Wyn Roberts	Chris Morgan
Phil John	Sister Lulu	Siwsan Morris	Phil John
Alan Osborne	Restart	Dale Jones	Alan Osborne
Lowri Mae	La La	Lowri Mae	Lowri Mae
Neil Coles		Neil Coles	
Arnie Hewitt		Arnie Hewitt	
Susie Brigg		Susie Briggs	

PERFORMERS

LEAD PERFORMERS;	
THE MAN	Pete Gregory
LOVE	Lynn Carroll
DAD	Duncan Milligan
MUM	Katherine Jones
WIFE	Jenny Sanderson
TIME	Pebbs Jones
HOST	Ali Williams

CIRCUS ALL STARS

Jocasta Crofts
Emma Young
Helen Finch
Aaron Walker
Annabelle Holland
Shaena Brandel

The No Fit State Team;

Orit Azaz: Director
Ali Williams: Community Director
Tom Rack: Environmental and New Technologies Director
Sean Donohoe: Theatre Designer
Andy Rashleigh: Writer
Simon Dancey: Composer/MD with Community Music Wales
Jem Treays: Choreographer.
Morega: Choreographer - Swansea
Celia Webb: Voice and Singing
Richie Smith and Pete Gregory: Circus Directors
Andrew Loretto: Assistant Director
Lee Gammon: Assistant to the Designer
Tim Hudson: Technical Director
Roger Woods: Production Manager
Jake Weinstein: Site Manager and Volunteer Coordinator.

Ace Mc Carron: LX Designer
John Thorne: Chief Technician
Roy Neave: Sound Engineer
Eleanor Higgins: Chief Electrician
Theo Smith: Technician

Laura Sands: Stage Manger
Rhian Hutchings: Deputy Stage Manager
Bill Foster: ASM
Jenny O'Connell: ASM
Trelawne Mead: Costume
Rodney Cottam: Costume Assistant
Ian Culverwell: Props

Alison Woods: Front Of House
Tom Wiersma: Head of Box Office

Penny Simpson: Press Officer
Lisa Every: Local Marketing manager
Celia Webb: Administrator

Liz Lavender and Russell Noman: Bar Staff
Thanks to all Stewards

Photographer: Tanya Milne
Video editing and camera: Lissy Moore
Video: Pete Cluff

Construction Team

Dennis France: Power
Reilly: Set Building
Dave Lloyd: Set Building et al
Richie: Welder
Andy: Welder
Chris Woods: Welder
James Davies: Volunteer crew

Construction Crew (set and prop design and construction)

James Davies, Angus, Steve Tuncliffe, Annie Gamble, Ed, Rob, Katy Weinstein, Spike, David Nash, David Baker, Beth, Bonnie, Vickie, Albie, Amanda Byron, Kevin, Paul, Liz, Lissy Moore, Barnes, Howard, Neil Buddle, Duncan, Hazel, Dee Little, Tom Sheldon, Tim, Sarah, Zoe, Goat, Spike.

Workshop Tutors and Group Leaders

Ian Devereaux: Experimental Dance
Fernando Amaral: Patua Dance
Chris Girling: SWICA, drumming
Jo Bryant: Willows
Andrew Lorretto: Sherman Youth Theatre,
Caroline Horsefield: University of Glamorgan
Roberta Williams: Underdogs
Celia Webb: Community Voice Group
John Singh: Bangra - Welsh Sikh Tigers
Helen George: Integrated Music Company
Fiona Carmichael: Cyfarthfa School project
Pete Appleton: Newport Interactive Artists
Jem Treays: WCMD and Contemporary Dance Group
Pete Gregory and Ali Williams: Splott State Circus

Photo credits: Steve Tanner, Matt Wiggley

Print designed at The Design Stage, Cardiff Bay

Dominic Campbell, Producer

Interactive Installations

ARTIST

Alex Johnson & Nina Coulson
Suzy Travers
Francesca Bourne
Wayne Pearce
Pete Appleton
Nina Coulson
Mandy

Lee
Tim Hagger
Dan Exton
Ben
Malcolm Wall & Hanako Miwa
Tom Rack
Chris Pink

PIECE

You and Your Shadow
Storm in a Teacup
The Rush
Cryogenic Suspension
The Water Piano
Ghostly Encounters
Touch Me, Feel Me, Heal Me
A Life
Cardiac Massage
The Water Bed
Get On Up
Molecular Seduction
On The Hour
Sonic Environment

MUSICIANS

Live

Pit Band:
Simon Dancey: guitar, bass, keyboards
Andy Pidcock: keyboards
Emma Trend: saxophone
Huw Hannon (Mr Dougal): drums
Plastic Pigs: 'Thrash Metal'
Liz Coombes directing Cwmbran Women's Choir: 'Meadow Sweet'
Learning Choices
John Davies
Chris Girling and SWICA drummers

Recorded

DJ Chill
LL Stevo Gusher
Charlotte
Captain Paranoid
CMW Staff
Barry Wom
Jonathan Pratt
Gilly Robson

PERFORMERS

CORE PERFORMERS

Barnaby Munn
Howard Morley
Siobhan Padmore
Katy Weinstein

INTEGRATED MUSIC NETWORK

Dean Hood, Helen George, Victor Rouker, Vincent Rees, Del Harris, Adam Rice, J. George and Hose.

SPILOTT STATE CIRCUS

Claire Marsh, Tom Major, Shahla Gholomrezoe, Seanna Cowrie, Beth Aynsby, James Davies, Edward Lane, Helene Mouzadec, David Bavet, Beth Wilson, Luana Dee, Lee James, Sarah Smith, Rob Harper, Russell Wells, James Richards, Dan B, Jamal Maxey.

COMMUNITY TRAPEZE GROUP ('Chocolate Drops')

Lisa Every, Gill Williams, Bonny Elms, Michael Cannon, Wendy York.

CIRCUS RUPTION

Sian Jenkins, Cai Morris, Andrew Bell, Simon Bell, Duncan Cambell, Judith Blackman, Karen McNulty, Georgina Cooper, Nicky Lewis, Anna Lewis, Craig Roberts, Miranda Roszkowski, Isobel Roszkowski, Joe Dunthorne, Trysten Rice, Daniel Thomas, Catherine William, Jessica Biomead, Jamie Richards, Anna Taylor, Claire Howland, Dave McAllen, Suzi Turner, Eddie Barnes, Phil Burton, Anya Marie Taylor.

PATUA

Helene Mouzadec, Sonia Dahmani, Catherine Grosse, Luana Dee, Ally Fitzpatrick, Louise Whittle, David Nash, James Davies, Vanessa Navarro, Helen Meri Phillips, Terry John Davies, Mary O'Connor, Shirley-Anne Dayle, Anita Smith, Fernanda Amaral, Angela Castaldo.

SHERMAN YOUTH THEATRE

Owen Bowden, Jane Brinson, Rebecca Bryant, Lewis Campbell, Tanya Cross, Amanda Fine, Annika Gharial, Tim Hallett, Michelle Parpa, Kieran Pugh, James Robson, Ian Sabir, Kelly Shellard, Ryan Thomas, Jessica Treen, Annelies Tuck, Jennifer Tyler, Viv Weston, Jennifer Williams

THE UNDERDOGS

The massive; Juniors from "Sunshine" group, Inters from "Total", "Essential" seniors with the "D.F.M." (Dance Floor Monsters) Breakers and rappers 4Dee, G-O-Metrix, M.C. Swell and Shogun

CYFARTHFA HIGH SCHOOL

Andrew Oaks, Paul Cremin, Amanda Turner, Jordan Wall, Garath Lewis, Hannah Rumble, Joanne Warner, Adam Davies.

WELSH SIKH TIGERS

Anthony Singh, Sunny Singh, Utham Singh, Himat Singh, Buckshee, Suraj and Rajah.

COMMUNITY DANCERS

Group 1: Lisa McDonagh, Lois Jones, Katherine Jones, Jim Hamilton-Goddard, Ellen Rubin, Theresa, Rachel Soby, Caroline Horsefield; and Steve, Roberta, Sarah and Chantelle from The Underdogs.

Group 2: Mark Winstanley, Paul Atkins, Caroline Laskowska, Sally Evans, Garry Lake, Garrie Harvey, Heidi Vaughn, Lucy Gaskell, Branwen Davis; and members of the advanced diploma course at WCMD.

SWICA

Claudia Wierszylows, Sarah Roberts, Judie Smith, Amy Constable, Gregg Melville, Alyson Simkins, Rachel Akande, Jo Gossage, Anna Shaw, Ben Davies, Helen Senior, Tom Belton

UNIVERSITY OF GLAMORGAN

Includes Paula Sheldon, Sam Asumadu, Ade Riwanou, Kirsty Bratcher

EXPERIMENTAL DANCE GROUP

Jane Booty, Claire Brotherton, Amanda Byron, Elaine Chaplin, Sebastian Foxley, Andrea Hunt, Jonathan Pratt, Suki, Natalie Tang, Lizzie Webb, Ian Devereux.

NEW COMMUNITY VOICES

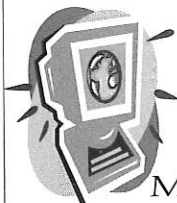
Paul Llewellyn, Rob Harper, James Davies, Annie Gamble, Amanda Byron, Rhianon Shackson, David Nash, Edward Lane, Rebekah Gabbitts, Alice James, Katy Weinstein, Celia Webb. With Gilly Robson: recording, computerised sound composition with voices.

SWANSEA DANCERS

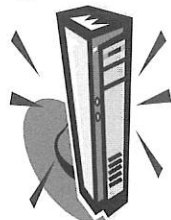
Kelly Thyer, Emma Beynon, Lisa Price, Michelle Sheehan, Helen Horton, Kara Edwards, Aleshia Rudd, V.Jay Singh, Gemma Davies, Matt Garrard, Virginia Morton, Victoria Morton, Hayley Berry, Andrea Rogers, Sian Milligan, Sarah Lewis, Martin Thomas, Andrew Harris.

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bouncing
over the years*



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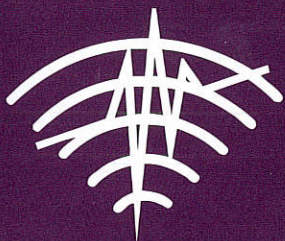
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NEW YEAR CELEBRATION 30 DEC - 1 JAN**



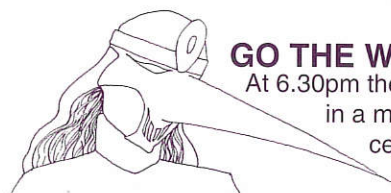
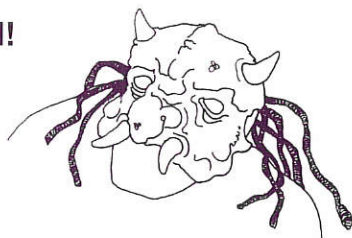
Made a pig of
yourself over Xmas?
Bloated?
Over indulged?
Guilty of gluttony?



If not - YOU WILL BE - as SWICA invite you to take part
in the "Calennig" Lantern Parade on New Year's Eve!

3 SIMPLE STEPS TO HOG HEAVEN!

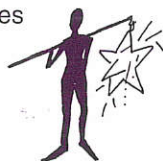
- 1 Make your own GROTESQUE half-mask
to illustrate the beast within you
- 2 Build an accompanying lantern to
illuminate the dangers of over-indulgence
- 3 Take it onto the streets!



GO THE WHOLE HOG ON NEW YEAR'S EVE

At 6.30pm the Calennig Parade will erupt from Cardiff Castle
in a modern retake on the traditional Welsh good luck
ceremony - on the steps of the National Museum.

At 8pm the pyrotechnic finale on the City Hall
Lawn in which the reign of Mr Hog Money, Lord of the Old Year, goes
up in flames to the accompaniment of squealing Welsh bagpipes,
ghoulish drumming and the traditional horse-skulled Mari Llwyd!

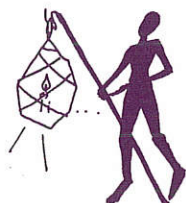


FREE WORKSHOPS:

Sun 27 - Thurs 31 December at Canton Community Hall (behind Tesco's).

WORKSHOPS, ALL MATERIALS AND MAKERS' SUPPORT FREE!

**FOR FURTHER DETAILS OF HOW
TO GET INVOLVED, LEAVE YOUR
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ANSAFONE - (01222) 382094.**



**SOUTH WALES
INTERCULTURAL
COMMUNITY ARTS**


**CARDIFF
CAERDYDD**

NOFIT STATE CIRCUS

*NoFit State Circus would like to thank all
its supporters, sponsors, funders, friends
and helpers, whom over the years have
kept the company in existence.*

*A big thanks also to all the professionals
working on this project to make it possible.*





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